# POCAR 2025 Instructions

January 18-20, 2025

Welcome to POCAR 2025 in Morgan Monroe State Forest. The following are instructions for this year's race. Some of this will be a repeat of what was on our registration website and some of it will be updated information. Even if you've already read through all of that, give this a brief look over to make sure you did not miss anything.

2
2
3
3
4
5
5
6
6

# Race Information

The Purdue Outing Club Adventure Race (POCAR) is a 48-hour orienteering race held over Martin Luther King weekend in Southern Indiana. This year's race will be held in Morgan Monroe State Forest. The race will begin at 10:00 a.m., January 18, 2025 and end by 10:30 a.m., January 20, 2025. Teams will be given UTM coordinates for checkpoints, and must be able to plot their own points. Make sure that there are at least 1 or 2 people on your team that can do this – no assistance will be provided on the day of the race! Volunteers will be constantly patrolling predetermined roads during the race in case a team is lost, hurt, or decides to drop out of the race.

On race day, teams are given a list of checkpoints with unique UTM coordinates. Teams must plot each UTM coordinate on the provided topographical maps, and navigate to each checkpoint to complete the race. The team that visits all required checkpoints in the least amount of time wins the race.

At each checkpoint will be an Orienteering Control Flag 12 inches or larger. All flags are attached to a 360 ring of reflective tape, a unique card-punch and ID code. The reflective tape will assist locating flags after dark. The ID code allows racers and course setters to confirm the checkpoint, and the unique punch allows race officials to confirm that each team has visited each control flag. Make sure the ID code for each control flag matches the ID code on your team's pass card!

Please be aware that not all checkpoints may be required to complete the race. In the past, decoy control flags have been placed on the course; new checkpoints have been revealed late in the race and some checkpoints must be completed in a particular order. Be ready for anything!

# Driving Directions for Morgan Monroe State Forest

Scout Ridge Youth Campground is located in Morgan-Monroe State Forest about half an hour northeast of Bloomington, half an hour south of Martinsville, and half an hour west of Beanblossom.

### <u>From Bloomington, Indiana</u>

Travel north via I-69 until Exit 125 on Sample Road. At the roundabout take the first exit onto E Sample Road. At the second roundabout take the third exit onto N Wayport Road. Travel for 3 miles then turn right onto E Chambers Pike. In 2 miles turn left onto N Old Indiana 37/W Old State Road 37. In two miles turn right onto Main Forest Road. Continue for almost 5 miles then turn right onto Scout Ridge Road. The campground will be half a mile down on the left.

### <u>From Martinsville, Indiana</u>

Travel south on N Ohio Street out of town and continue onto Mahalasville Road. After about 3 miles turn right onto Low Gap Road. After 1 mile, continue straight on Rosenbaum/Catholic Cemetary Road. After 3.5 miles turn left onto Main Forest Road. Continue half a mile and turn left onto Scout Ridge Road. The campsite will be half a mile down on the left.

### <u>From Beanblossom, Indiana</u>

Travel west via IN-45 S for approximately 5 miles then turn right on Bear Creek Road. In a few hundred feet turn left on E Northshore Drive. In another 5 miles turn left onto E Anderson Road. After 1 mile, turn right onto N Bean Blossom Road. After 2 miles turn right onto Main Forest Road. After 2 more miles turn right onto Scout Ridge Road, continue for a half a mile and the HQ will be on the left.

# Camping and Parking

Teams can camp and park at the campgrounds and parking lot respectively in Morgan-Monroe State Forest. Scout Ridge Youth Campground will be used as the HQ for the race officials and the volunteer campground. Depending on when your team arrives there may be room for you there as well. Alternative options for camping are at Mason Ridge Campground to the west and Oak Ridge Campground to the north which can be reserved in person day of and allow for 2 cars and 6 campers per site. If you arrive on January 13 (Friday) pop in and say hi to the race officials at headquarters in the Scout Ridge Campground Shelter just so we know you're there. If you arrive on January 14 (Saturday), see the itinerary section for details (this also applies to teams arriving on Friday). Be prepared for possible snowy and icy conditions on the roads within the forest depending on the weather leading up to the weekend.

## <u>Itinerary</u>

### Friday, January 17

Teams arriving early should report to the Maumee Scout Dining Hall.

#### Saturday, January 18

8 am- 9:30 am	Check-in at the campsite HQ - teams receive	
	maps, UTM plotters, safety vests, and their	
	racer packets	
	There will be a table for open teams and one	
	for collegiate teams. Please pay attention to	

	which line you are in for an easier and	
	quicker check in process!	
9:30 am	MANDATORY pre-race meeting. All racers	
	must attend	
10:00 am	Race start for Open Division	
10:30 am	Race start for Collegiate Division	

When teams report for their respective start times they will receive a sealed envelope containing a list of checkpoints. At the appropriate start times, teams will then be allowed to open the envelope and begin the race. To make sure all teams can start on time, please report 15 minutes before your start time (as indicated) so that the appropriate materials can be handed out in a timely fashion.

#### Monday, January 20

10:30 am	Race ends

## Course Information

The race will begin and end at the Scout Ridge Youth Campground Shelter in Morgan-Monroe State Forest. This year's course is over 30 miles as the crow flies with 3 legs. Teams are divided into two race groups, Open and Collegiate with respective start times of 10:00 am and 10:30 am. Race groups are assigned randomly and will be given during the check in process. 15 minutes prior to the start times each team must report to the starting area where they will receive a sealed envelope containing a punch card for the first leg along with a list of all checkpoints, though all coordinates may not be available at this time. The envelope must remain sealed until instructed to open by the race director at race start.

Once teams have visited each checkpoint and punched the appropriate space on the punch card from the first leg, and checked in with F/W East, they should return to the Shelter HQ where the first leg punches will be verified by race officials. The punch card will be collected, checked, and teams will be issued their punch card for the second leg. Teams must stop by F/W North at some point during the second leg. When finished with the second leg teams proceed to HQ and then the third and final leg. Teams must stop at F/W West to check in at some point during the third leg. Upon completion of the race, or if dropping out (see official rules section on dropping out), all racers must return to the Shelter HQ where officials will verify the completed punches and collect the punch card. Even if teams only complete a portion of a leg, the punch card must be turned in to race officials, as it will be used to tabulate race results. Failure to checkout, whether finishing the race or dropping out, will result in disqualification and potentially denied admission to future POCAR events.

# **Registration Information**

A team will be officially registered once we have received payment and signed waivers from at least four members of a team. It is the responsibility of the team to ensure that all team members have filled out forms and have paid their respective registration fees. Everything will be done through IMLeagues. IMLeagues does not allow a team to be fully registered until payment and paperwork are done.

### Open Division vs. Collegiate Division

There are two divisions, and therefore there is a winner from each division. An open division team is considered any team that has any non-student on the team. A student is anyone currently enrolled in a college that does not have to be Purdue. If any member of your team is not currently a student then the entire team races in the Open Division. If every member of your team is a student then your team is in the Collegiate Division. Note that no matter what division your team is a part of, you still pay the amount for the division you individually fit into.

Short summary: If every member of your team signs up as Purdue Outing Club Member or Non-Purdue Outing Club Member Collegiate then your team races in the Collegiate Division. If this is not the case, then your team races in the Open Division.

### Cancellation Policy

Please note that there are no refunds for this event in case of cancellation before or during the race, or if you drop out.

# <u>Rules</u>

Racers are responsible for reading the rules as outlined in "POCAR 2025 Race Rules." Failure to abide by the rules will result in expulsion from the race.

Note that the rule sheet contains a list of required items. These items *must* be on the team at all times during the race. Random checks to ensure that the team has these items will be conducted.

# Emergency Contact during Race

In case of an emergency and a racer's family needs to reach the team in the midst of the race, they can call one of the coordinators. Note that this procedure should be used in case of emergency ONLY, and that racers are responsible for providing this information to their family before the race. Cell service in the forest is not reliable, so immediate response is not guaranteed. If the coordinator doesn't have service, family members are to leave the following information in the form of a voicemail or text message: team member name, the message that they are trying to deliver, and their information to call them back. Coordinators will occasionally be able to get

service, in which case they will notify all volunteers and teams to look for the racer, and the racer and their team will be taken back to HQ to respond to the emergency.

This procedure will take time. The remoteness of the location is part of the nature of the race. Although reliable plans are in place to be able to contact emergency medical services in case of a medical emergency, it is not possible at the time to provide a convenient and fast method of contacting the teams.

#### Phone numbers:

Clare Hilton, Race	314-707-2209
Steven LaCroix, Registration	513-722-5878
Sarina Oliveri Kuhnle, Volunteer	646-965-0512

# Contact Information

The primary contact used by coordinators is: pocarcoordinators@gmail.com

If you have any questions about racing, contact the race coordinator, *Clare Hilton*, at: <u>hilton13@purdue.edu</u>

If you have questions about registration, contact the registration coordinator, *Steven LaCroix*, at: <a href="mailto:slacroi@purdue.edu">slacroi@purdue.edu</a>

If you have questions about volunteering, contact the volunteer coordinator, *Sarina Oliveri Kuhnle*, at: <u>oliverik@purdue.edu</u>